

TIDINGS



July 2024 - FOTH, Outreach & More
Newsletter of St. Timothy's Episcopal Church Danville, CA

HOWDY!

The 27th annual Fruits of the Harvest (FOTH) fundraiser for Outreach Ministries is off and running. This is how we raise funds for grants for all our Outreach Ministry Partners and events that you'll see in this issue of Tidings.

Why do we do all this? Because we support the work that is done by all the Outreach Ministries to better the lives of people. The net profits that we gather at FOTH allows us to give grants to 15 organizations to do this important work. We also actively volunteer for God's Hand's projects (short term projects where busy people can donate or become involved) such as collecting backpacks/school supplies, food, clothing, collecting housing items to help homeless people setting up homes, sheltering homeless in the parish hall, doing meal packing, and other projects. You are God's Hands and this is how we give back to those in need. It is what we are called to do at the end of every Sunday service. "Send us out to do the work you have given us to do." Those words resonate.

Our ministry partners have reported the demand for their services has greatly increased over the last two years during these tough economic times for low-income families. While our brothers and sisters are in greater need, donations have gone down. They all need our help and together we can do good things.

We have kicked off our event and you should have received your invitation in the mail by now. We will have more invitations at the FOTH light blue rolling bulletin board out in front of the church after Sunday services, or in the parish hall. You can also pick up beige donor



forms, solicitation letters, and Childcare registrations forms there or in the entry of Grace House or the church office.

We're having a Western theme so dust off those boots, cowboy hats, plaid shirts, bandanas and whatever else makes you holler "Yahoo", or come as yourself, and get ready to skedaddle on over to the parish hall where we'll enjoy a great night of a catered BBQ buffet, mini silent auctions, raffles of gift cards, Wall of Wine-W.O.W., Fund A Need, and boot scootin' line dancing with an instructor.

We are six weeks away from the event on August 17th, and there is so much to do. **Our FOTH website is now live!** Click [HERE](#) to view or you can go to the church website and click on the FOTH link on the home page.

The website contains:

- All details about the event
- Descriptions of volunteer jobs, gift card and wine donations, how to sign up for these, and when to bring in the items. "Helpers Sign Up" on the menu has a program called Signup Genius to make it easy to volunteer your help to make this a success. It's a great way for newcomers and all to get to know each other.
- How to buy event tickets and make \$\$ donations with a credit card on-line and receive a receipt; or you can choose to fill out the rsvp card and write a check
- Our list of beneficiaries that will receive grants to do their work
- History of Fruits of the Harvest and more

Free Child Care will be available to allow younger couples to attend without paying those high babysitting costs. You'll need to fill out a Childcare registration form so we'll know how many attendants we will need. Childcare registration forms are at the FOTH bulletin board, office, or on our website for you to print and fill out.

The 14th annual Restaurant Dinner Event is now under development and we'll keep you posted on its progress. Read about it soon our website.

We're having a mini-silent auction and we welcome donations of events or fun experiences which people really seem to miss from our past auctions.

IDEAS:

- Dinners in people's homes
- Trips to museums or the zoo or fun places
- Vacation home stays
- Services

Talk to us at the FOTH bulletin board for ideas and pick up a beige donation form at the bulletin board. Fill it out to donate an item like this.

Join us for FOTH 2024, our biggest party of the year, to do good works while we have fun.

Contact foth@sainttimothysdanville.org if you have questions.

Y'all Come, Ya Hear!

OUR OUTREACH MINISTRY PARTNERS

SHELTER & SERVICES

Habitat for Humanity



Habitat for Humanity builds homes for families who otherwise would not be able to have a healthy, affordable place to call home. The Habitat website says it best – “We believe in a world where everyone has a decent place to live. By building and improving homes we create strong and stable communities”. St. Timothy’s has been helping with Habitat builds in the East Bay at least since 2004. We are helping with the current building at Esperanza Place next to the Pleasant Hill Bart station. The first phase of 42 homes on this site is now finished and housing grateful families. Watch for announcements for an opportunity to help with the next build with other volunteers from St. Timothy’s.

<https://www.habitatebsv.org>

Liaison: David Kutrosky

Hope Solutions

Hope Solutions provides critical services to over 2,200 clients across Contra Costa County, including providing permanent supportive housing to over 1,600 people. Their mission statement is to heal the effects of poverty and homelessness by providing permanent housing solutions and vital support services to highly vulnerable families and individuals. They’re working to heal the multi-generational impact of poverty, multi racism, trauma substance use, mental health issues, and inadequate access to healthcare. They provide strong programs for youth success in school . St. Timothy’s supports their backpack/school supplies program in July for their afterschool programs in four locations.



<https://www.hopesolutions.org/>

Liaison: Leslie Firth

Shelter, Inc.



SHELTER, Inc. rebuilds lives one family at a time, by helping them re-establish a home, and assisting with the skills and resources needed to live the life they deserve. Wrap-around services are essential components of long-lasting solutions. Affordability is only one factor that results in someone becoming homeless. Education, training, counseling, and goal planning are vital to the success of regaining and maintaining a home. Shelter Inc programs include eviction prevention, COVID rental assistance, interim and long-term housing, property management and veterans’ programs.

<https://shelterinc.org/>

Liaison: Alison Hill

HUNGER PREVENTION & SERVICES

Loaves and Fishes of Contra Costa

Since 1983, Loaves and Fishes (L & F) has served more than 6 million free, hot, and nutritious meals, out of 5 dining rooms and a mobile van to those in need. They were named Nonprofit of the Year 2023.



Their mission is to provide community-based food programs and partner services that focus on basic needs. They nourish lives! Food is prepared in two off-site kitchens. L & F is again serving food in their dining rooms and offers to-go meals in containers and with bags of groceries. They offer a 12-week free culinary program at Trinity Center that teaches basic culinary skills and earns them a Safety and Sanitation license to qualify for a starting position within the culinary industry. Demand for food has increased. Before Covid they were serving about 685 meals per day. Now they are serving about 3,000. We serve on the second Tuesday of the month at the Martinez Dining Room.

<https://loavesfishescc.org/>

Liaison: Leslie Firth

Monument Crisis Center



Monument Crisis Center is a family resource center in Concord for people in need from all over Contra Costa County. They ensure that 4,000 people don't go hungry each month. Their primary mission is food distribution. In addition, they have a variety of programs to help their clients with resources and referrals to other area agencies, youth programs for tutoring, mentoring and fun, and special services to seniors. Their success is due to a dedicated staff, a large, committed network of volunteers and support

organizations, and financial and food donations from the government and supporters like you. St. Timothy's has supported MCC since its founding in 2003. We have a Christmas Food Box Drive in November and last year contributed over 200 boxes of food. We also donate groceries from our food barrel, as well as fresh fruit, herbs and vegetables (Gary Hunt Produce Project.)

<https://www.monumentcrisiscenter.org/>

Liaison: Sally Shea Potts

Trinity Center

Trinity Center is located in St. Paul's Commons in Walnut Creek – next to St. Paul's Episcopal Church. It provides essential safety net services and a pathway forward for vulnerable populations. They advocate for those who are seeking housing, financial stability, and wellness. They are provided with two meals a day - five days a week, showers, laundry, clothing, mail and telephone, case management, and referrals. Programs include housing focus, substance use, transitional aged youth support, workforce development, seasonal evening programs, wellness, and volunteer programs.



<http://www.trinitycenterwc.org>

Liaison: Steve Mason

MENTAL HEALTH COUNSELING

Discovery Counseling Center



Discovery Counseling Center is a community based non-profit organization serving the San Ramon Valley for over 50 years. Their mission is to be the community's leader in mental wellness by:

- Providing affordable, high quality, culturally appropriate and accessible counseling and programs.
- Offering training for future mental health professionals; creating awareness of wellness issues in our community and the importance of early treatment.
- Serving as the community's advocate for adequate funding and resources for the treatment.

<https://www.discoveryctr.net/>

Liaison: Nancy Lucas

The Comfort Cub

The Comfort Cub was created by a grieving mother to be a specifically weighted therapeutic teddy bear bringing comfort for those experiencing great stress and/or a broken heart. The recipients include parents and siblings that have lost a family member, victims of abuse, aging adults challenged with dementia and children & adults with special needs. The Comfort Cub is greatly appreciated by the non-profits supported by St. Timothy's Outreach. The Comfort Cub program provided Cubs to homeless children during Warm Winter Nights at St. Timothy's and to the Hope Solutions year-round reading program and summer camp.



<https://www.thecomfortcub.org/>

Liaison: Nancy Lucas

RECOVERY SERVICES

Options Recovery Services



Options provides substance use disorder treatment, recovery support, and co-occurring mental health treatment at clinics in Berkeley, Concord, Oakland, and San Leandro – serving nearly 1,000 adult clients each year. In addition, Options provides safe and drug free recovery housing for up to 150 clients each night, with peer support and mentoring services. Options also provides in-custody treatment and substance abuse counselor training for over 100 inmates at nine state prisons and one county jail. They have served clients through Early Intervention and Treatment Programs for over 25 years. St. Timothy's has supported them since their founding. Their accomplishments this past year:

- Hundreds of homeless clients were placed in emergency shelter, transitional or permanent housing beds.
- All qualifying clients are provided with employment development activities preparing them to find jobs.
- Historically, 90% of their graduates remain clear of both crime and courts.
- They earned a Candid Platinum Seal of Transparency on GuideStar.

<https://optionsrecoveryservices.com/>

Liaisons: Peg Miller and Patti Farris

SUPPORT MINISTRIES

Contra Costa Interfaith Coalition

CCIC's mission is to help individuals transitioning from homelessness into places to live by gathering donations of gently used furniture, kitchen utensils and kitchen kits for cleaning, linens, bed frames, new mattresses, and food cards to set up their living spaces. St. Timothy's became involved with CCIC in 2023 when Tania joined their board. Case workers from over 20 Contra Costa County social service agencies provide a Needs List for their clients that is then filled by CCIC volunteers. Most items on the list are sourced through donations but financial support is needed to purchase items such as new mattresses and frames. CCIC's mission helps those in need, and it keeps usable items from going into the landfill.

Volunteers are needed, especially drivers (each week drivers are asked if/when they are available.)



<http://www.ccichope.org/>

Liaison: Tania Hanson-De Young

PFLAG (Parents, Family, and Friends of LGBTQ+ Individuals)



PFLAG is an organization working to create a caring, just, and affirming world for LGBTQ+ people. We support families, educate allies, and advocate for equality through our network of supporters, members, and chapters across the country. PFLAG provides peer-to-peer support, educating people on the issues, and advocating for inclusive policies and laws.

<https://www.srvpflag.org/>

Liaison: Steve Mason

The Respite Inn

The Respite Inn, located in Concord, is a unique service providing out-of-home respite and emergency services to adults with developmental disabilities since 1990. The Inn is designed around a bed and breakfast model. It provides families with needed time away from the constant care of an adult family member who has a developmental disability, thus strengthening family bonds. The Inn also provides an opportunity for individuals who have a developmental disability to explore life away from home and learn to be comfortable receiving support and care from people outside of their family. Guests are provided with enriching life experiences in the community as well as the opportunity to develop and maintain friendships with peers.



<https://therespiteinn.org/>

Liaison: Carleen Carns

GLOBAL HEALTH

GAIA Global Health



Despite a record-breaking cyclone, the largest natural disaster Malawi has experienced in its recorded history, GAIA continues to fulfill the founders' vision. Begun in 2000, to address the Aids crisis in Malawi, GAIA now addresses and is impacting not only AIDS, but is building a workforce to address today's needs and tomorrow's with:

- Nursing Scholars Program, supporting 236 scholars serving local health posts and hospitals across Malawi.
- Mobil Health Clinic Program serving 35 sites, providing over 200,000 client visits.
- Ana Patsagoio Program serves over 8,000 children living with HIV - supplying them with life-saving therapy.

<https://www.gaiaglobalhealth.org/>

Liaison: Peg Miller

EVENTS

Adopt a Family Bikes (AAFB)

AAFB's collects, repairs, cleans, and donates used bicycles to non-profits around Contra Costa County. Over the years (it started in 2001) Adopt-A-Family Bikes has donated over 2,000 bicycles. It is 100% run and operated by volunteers who donate well over 500 hours each November and December. Volunteers repair and clean each bike and every bike given comes with a helmet and lock. In 2023-24, AAFB distributed over 410 bikes to local Title 1 schools, non-profits, and through local social workers. For some recipients, these bikes provide transportation to and between jobs.



Liaison: Tania Hanson-De Young

Backpacks & School Supplies



Each year, the children of the four Hope Solutions after-school programs start the school year with new backpacks and school supplies. With your support, we will donate funds to help provide over 500 backpacks filled with much-needed school supplies to give them the tools and confidence needed for a successful school year.

<https://www.hopesolutions.org/>

Liaison: Leslie Firth

Christmas Food Boxes

Organizes filling 200+ boxes of non-perishable food for clients of Monument Crisis Center before Christmas. As part of this project, parish members pitch in to fill quart bags of rice and of beans after church on a Sunday in November and gather on a Saturday morning to fill over 100 boxes with food purchased with parish donations.



<https://www.monumentcrisiscenter.org/>

Liaison: Sally Shea Potts

Gary Hunt Produce Project



The Gary Hunt Product Program was created as a way of providing a ministry for youth to learn about and care for plants and provide a way of helping families in our community who experience financial difficulties. Led by Jan Mahoney church members erected a raised garden and planted flowers and herbs with funds provided by Helen Robles. Today we regularly donate herbs from our garden and fruits and vegetables from parish members to Monument Crisis Center.

<https://www.sainttimothysdanville.org/community-garden.html>

Liaison: Gabel Chong-Horsley

Rise Against Hunger

Rise Against Hunger is an international hunger relief agency working to end hunger. Their mission is to provide food and aid to people in need around the world and respond to disasters. The Meal Packaging Program is an assembly-line process where volunteers combine rice, soy, dehydrated vegetables and a flavoring/vitamin mix into small meal packets. The food stores easily, has a shelf-life of two years and transports quickly. Rise Against Hunger works with international partners to distribute the meals. We host a Rise Against Hunger meal packaging event annually at St. Timothy's. Rise Against Hunger brings the expertise and we bring the hands! All ages welcome.



<https://www.riseagainsthunger.org/>

Liaison: Joann Oliver

Share the Warmth Winter Drive



This drive gathers donations of socks and other winter items plus toiletries for clients of Loaves and Fishes and Options Recovery Services

Liaison: Leslie Firth

Winter Nights Family Shelter

Winter Nights Family Shelter is a rotating homeless shelter that uses the facilities and helping hands of over 20 faith organizations to provide shelter for homeless families from October through June. Those served by the program move every two weeks from one congregation to the next during this period. The program serves those most at risk in the cold weather - families with children. St. Timothy's has hosted families in our Parish Hall since 2005. For two weeks each year, we provide meals, showers, homework help and space for play and relaxation. Transportation, counseling, and other services are provided by the Winter Nights program. The mission of the program is to break the cycle of homelessness and move families toward self-sufficiency and stable housing.



<https://cccwinternights.org/>

Liaison: Joann Oliver

ELECTION OF 28th PRESIDING BISHOP



The Rt. Rev. Sean Rowe, bishop of the Episcopal Dioceses of Northwestern Pennsylvania and Western New York, was elected and confirmed the 28th presiding bishop and primate of The Episcopal Church on June 26 for a nine-year term beginning November 1.

Rowe was chosen from among five nominees on the first ballot, with 89 votes out of 158 votes cast; 82 votes were needed to elect. Following his election by the House of Bishops, the House of Deputies confirmed the election, with 778 votes for, 43 votes against.

Rowe, 49, was ordained bishop of the Episcopal Diocese of Northwestern Pennsylvania in 2007 and became bishop provisional of Western New York in 2019. From 2014 to 2018, he served as bishop provisional of the Episcopal Diocese of Bethlehem.

Born in Sharon, Pennsylvania, Rowe earned a bachelor's degree in history from Grove City College, a master of divinity from Virginia Theological Seminary, and a doctorate in organizational learning and leadership from Gannon University.

Rowe was the youngest Episcopal priest in the U.S. when he was ordained in 2000 at age 24, and he was the youngest member of the House of Bishops when he was ordained and consecrated at age 32.

Known for his research and work on organizational learning and adaptive performance in the church, Rowe serves as parliamentarian for the House of Bishops and the Episcopal Church Executive Council; chair of the Episcopal Church Building Fund; and as a member of the Standing Commission on Structure, Governance, and Constitution and Canons. He also serves on the Greater Buffalo Racial Equity Roundtable. In 2018, he became the first bishop to serve on the House of Deputies Committee on the State of the Church.

Rowe is married to Carly Rowe, a Christian educator; they have a daughter named Lauren. The presiding bishop takes office on November 1. Presiding Bishop-elect Sean Rowe and the installation planning and transition committees announced June 28 that Rowe's installation service will take place Nov. 2 at The Episcopal Church's headquarters in Manhattan, New York, instead of Washington National Cathedral, the seat of the presiding bishop, according to a press release by the church's Office of Public Affairs.

Rowe will be installed during a service in The Episcopal Church Center's Chapel of Christ the Lord. The service will be livestreamed with interpretation available in multiple languages.

"With gratitude to all involved, I have decided to begin this ministry in a new way," Rowe said in the press release. "With a simple service at the church center that will include everyone via livestream, we can care for God's creation by reducing our collective carbon footprint. I have great respect and admiration for the ministry of Washington National Cathedral. My seating will take place in the following months, and I am grateful to Dean [Randy] Hollerith and the cathedral staff as we plan for that event."

YOUTH IMMERSION TRIP

Our immersion trip was a great success!

On June 27th, we took a 15-passenger van filled with people and luggage down to San Jose while playing “travel bingo” and jamming to Spotify. Once at Trinity Cathedral, we were greeted by clergy leaders Canon Filemon and Deacon Bertram. They were the most gracious of hosts, and their passion for ministry really inspired us all.

After we unpacked, a volunteer historian gave us an in-depth explanation of Trinity’s very long history in San Jose. He also took us up in the bell tower to show us how people play a carillon (Bell Tower). Only Colin and I were brave/dumb enough to climb through the dust and spiderwebs to see the actual bells of the bell tower. Later in the afternoon, we walked around the area, which has a very high unhoused population, and we learned what the community is doing to support the unhoused. It was hot, but not too hot that day.

We had the youth group essentials of pizza and chips when we got back for the educational component that evening. Different leaders shared how their ministries impact the community.

Front Door Communities

Coach J was a force of nature. She has been coaching boy’s basketball for year and finds time to support the Front Door Community of San Jose. They provide showers, food and clothing for all in need. <https://www.fdcsj.org>

Trinity Cathedral’s Lunch Ministry

Alan Fong from Trinity’s shelter lunch ministry told us about his decades of managing Trinity’s lunch ministry. <https://trinitysj.org/ministries-of-service>

Second Harvest of Silicon Valley

Roger Lobbes from Second Harvest helped us understand the web of services and coordination need to make food ministry possible. <https://www.shfb.org/>

The next day, on June 28th, we got up early and walked to ***Santa Maria Urban Ministry*** (<https://www.santamariasj.org/>), where we got busy sorting, packing and distributing food. Santa Maria volunteers made a lunch feast for all volunteers. We were one group among many, but everyone did not go hungry. After finishing at Santa Maria, we loaded up the van and headed to Merced – slowly. No surprise, there was a lot of traffic.

Once in Merced, we landed at Teresa and Gene K’s house and were greeted by a two and half story water slide, fresh fruit and drinks. Their hospitality was something to behold. We had a great night winding down and watched an inspirational sports movie called *McFarland* that really capture the spirit of the central valley.

On June 29th, we were up and rolling by 7:45am to make it to ***18th Street People’s Garden*** (<https://ci4ci.aplos.org/>) by 8am. We painted a fence, distributed food, harvested oranges, and assembled toys for kid’s activities. By 10am, it was unbearably hot, so we headed back to the Kim’s house, loaded up the van and made our way back to Danville, but not before having lunch at the only place one should have lunch in Merced – The Sizzler. I didn’t think they still existed, but they do! And it was great.

We had an uneventful trip home and some went home and relaxed, others had things to do right away. I went home and took a nap!

Todd





COME AWAY

“Come away to a deserted place all by yourselves and rest a while.” Mark 6:31



How do you get away in the summer? Does your rhythm change and allow you to watch tomatoes grow? Do you set aside a moment to be quiet with a book? Whatever we do, it is important—God is calling us. When we change up our rhythms and set time apart to recreate, we are inviting the spirit to wiggle into unprotected places in our heart and our mind. We are allowing a moment of intimacy with creation. We may delight in the love of friends

or family with whom we have not been able to spend special time. When Jesus spoke, he was speaking to his followers and friends who were already doing a new thing out of their comfort zone—fisherman to healer, tax collector to teacher—and even in Jesus’s time, brains and hearts got tired. Loving strangers and making a place in our hearts for hospitality takes discipline and work, and even practice. This summer—mark some time on your calendar to do something surprising that makes your heart glad; invite Jesus to be there. God is calling us. This is the kind of rest that is renewal; it is not usually loud. We find it in the places that look deserted or unknown; the Spirit invites us to see more in the world, in ourselves, and in our neighbors, who we do not know—and in God’s own Love.

Susan+



WOMEN'S RETREAT



The Women's Retreat led by the Rev. Martha Kulman was a wonderful time away from our everyday schedules. We met at the beautiful San Damiano Retreat center in Danville. Reflecting on "beginnings", "middle times", "endings" and "new beginnings" we had opportunities to worship, reflect, hike, laugh, pray, share, cry, create, and get to know ourselves and each other a little better. We are grateful for the many "God moments" we experienced together.

WE SPRUNG INTO BUNCO!

N.E.W. “Spring Into Bunco” Game Thirty women attended a Bunco Game at Grace House on Friday, June 7th. Everyone brought delicious and ample food to share. Those who garden brought single blooms from their gardens to share with the group. Bunco instruction was provided, and the games began. Buncos (throwing all dice to get one number) are usually hard to get, but, measuring by laughs and cheers, this group had a lot of Buncos. Winners were Joann Oliver (Most Total Points), Sally Potts (Most Wins) and Joan Evens (Person Wearing the Bunco Pearl Necklace Last). The Bunco Queens were Leslie Firth and Roz Adekunle (now “Queen Leslie” and “Queen Roz” to us commoners). After giving cash prizes, the rest of the proceeds were given to the organization for sponsoring other events. A great time was had by all!



BACKPACK DRIVE

HOPE SOLUTIONS ONLINE 14th ANNUAL BACKPACK DRIVE 2024

NOW to JULY 21st - 2 more weeks!



School is starting again in early August. Let's help students prepare for the next school year by providing backpacks filled with needed school supplies for the youth at Hope Solutions' four onsite after-school programs in Bay Point, Concord, Pleasant Hill, and Pittsburg. Let's give them the tools and confidence to succeed in the school year. The need is for 500 backpacks this year.

Please consider a donation that will help bring smiles and empower self-worth to the youth we serve. They love getting their new backpacks!

ONLINE DONATIONS – The drive at St. Timothy's is again only ONLINE. They are not using the pre-filled backpack suppliers as during Covid. The average value of a high school backpack is about \$75 and the average value of the lower grade backpack is about \$50, if that helps to use as a guide.

If you would like to support the backpack drive by making a monetary donation, please click [HERE](#). Thank you for your generosity.

If you have any questions or would like more information, please contact Sandibel Arnold at sarnold@hopesolutions.org or call 925-788-3676.

If you don't wish to donate online, you may donate directly by sending a check to Hope Solutions (*not St. Timothy's*) and memo it "Backpack Drive, St. Timothy's."

Mail it to: HOPE SOLUTIONS, 399 Taylor Blvd., Suite 115, Pleasant Hill, CA. 94523.

Or you may hand checks to Leslie Firth after services by Sunday, July 21st. Or you may put them in a sealed envelope with "Leslie Firth" on the outside and drop it in the Church mailbox.

HOPE
SOLUTIONS

VOLUNTEER WITH US!

Come join our crew of volunteers at LOAVES AND FISHES OF CONTRA COSTA



Loaves and Fishes of Contra Costa has served over 5 million meals to thousands of hungry county residents since 1983, and our hearty team of volunteers continue to help serve the healthy and delicious meals our chefs prepare, and they distribute our food pantry groceries to anyone in need. The demand for meals has increased to 3,000 per day served from five dining rooms, a mobile food van, and with delivered meals to satellite organizations.

St. Timothy's volunteers work one day a month at the Loaves and Fishes dining room in Martinez on the second Tuesday of the month. We can only bring a crew of 6 people as there are other L & F volunteers there. St. Timothy's volunteers are active people and we have other commitments or we travel quite a bit. Our 6 volunteers vary with their availability which is why we need a larger roster so that we may have enough people to call upon to help. You will not usually be working every month. I send out a letter about 1.5 weeks before the work day and ask for the volunteers to respond. When I have enough people, I send out the roster the week before.

The job entails being able bodied enough to stand and move around from 9:30 to 1:00. We wear comfortable closed toe shoes, long pants and sleeved shirts, and bring an apron without big logos. Long hair must be tied back or wear a hat. You must be 18 or older. It is suggested that we be fully vaccinated if old enough. You may choose whether or not to wear a mask. They supply rubber gloves.

We normally carpool from the St. Timothy's parking lot and leave at 8:50 am for a thirty-minute drive to Martinez. We are usually done by about 1:15 pm. The dining room doors open at 11:00 and close at 12:45 pm. After lunch, we bus tables and clean the area to get the dining room and kitchen ready for the next day.

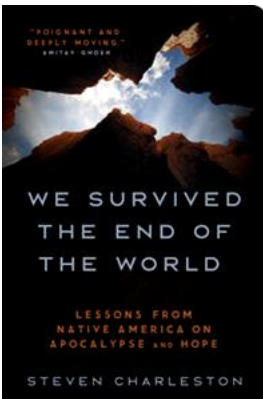
We do many different jobs. The main dish is delivered from the central catering kitchen. We prepare a fresh green salad, fruit salad, buttered hot bread, and serve donated desserts. Getting the to-go-meals ready is done with a production line. Tuesdays usually means we serve a hot pasta casserole main dish, but it sometimes varies. We serve about 120 people who may choose to eat in the dining room or get a meal to-go and free groceries from the food pantry.

Contact: Leslie F (lesliefirth@comcast.net)

ALL CHURCH READ - SUMMER 2024

Join others at St. Timothy's this summer in reading one of the following books and discussing your chosen book with other church friends after the 10am service on **Sunday, August 25.**

We Survived the End of the World: Lessons from Native America on Apocalypse and Hope by Bishop Steven Charleston

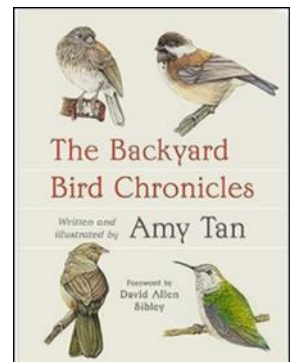


From the moment European settlers reached these shores, the American apocalypse began. But Native Americans did not vanish. The Apocalypse did not fully destroy them, and it doesn't have to destroy us. With the warnings of a prophet and the lively voice of a storyteller, Choctaw elder and author of Ladder to the Light Bishop Steven Charleston speaks to all who sense apocalyptic dread rising around and within. You'd be hard pressed to find an apocalypse more total than the one Native America has confronted for more than four hundred years. Yet Charleston's ancestors are a case study in the liberating and hopeful survival of a spiritual community.

<https://www.goodreads.com/book/show/71327443-we-survived-the-end-of-the-world?>

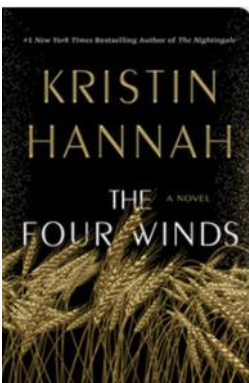
The Backyard Bird Chronicles by Amy Tan

A gorgeous, witty account of birding, nature, and the beauty around us that hides in plain sight. With boundless charm and wit, author Amy Tan charts her foray into birding and the natural wonders of the world. In 2016, Amy Tan grew overwhelmed by the state of hatred and misinformation in social media. In search of peace, Tan turned toward the natural world just beyond her window and, specifically, the birds visiting her yard. But what began as an attempt to find solace turned into something far greater—an opportunity to savor quiet moments during a volatile time, connect to nature in a meaningful way, and imagine the intricate lives of the birds she admired.



<https://www.goodreads.com/book/show/194803881-the-backyard-bird-chronicles?>

The Four Winds by Kristin Hannah



Texas, 1934. Millions are out of work and a drought has broken the Great Plains. Farmers are fighting to keep their land and their livelihoods as the crops are failing, the water is drying up, and dust threatens to bury them all. One of the darkest periods of the Great Depression, the Dust Bowl era, has arrived with a vengeance. In this uncertain and dangerous time, Elsa Martinelli—like so many of her neighbors—must make an agonizing choice: fight for the land she loves or go west, to California, in search of a better life. The Four Winds is an indelible portrait of America and the American Dream.

<https://www.goodreads.com/book/show/53138081-the-four-winds?>

SEPTEMBER BOOK GROUP

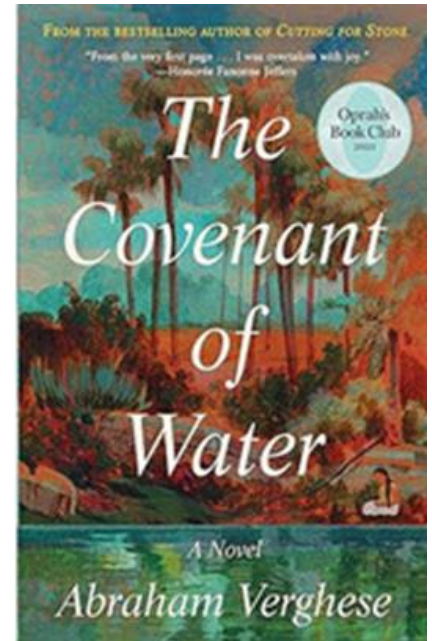
September 15 - *The Covenant of Water*

It's June! Why is there a blurb about the Book Group meeting in September???????

Many people have recommended *The Covenant of Water* by Abraham Verghese to members of the book group, but IT'S ARE REALLY BIG BOOK (and most of us loved his earlier book, *Cutting for Stone*)! So, we put it on our list to read and discuss in September. That gives us all summer to read and digest.

IF YOU ARE INTERESTED, DON'T WAIT UNTIL SEPTEMBER 1 TO START!

Spanning the years 1900 to 1977, *The Covenant of Water* is set in Kerala, on India's Malabar Coast, and follows three generations of a family that suffers a peculiar affliction: in every generation, at least one person dies by drowning—and in Kerala, water is everywhere. At the turn of the century, a twelve-year-old girl from Kerala's Christian community, grieving the death of her father, is sent by boat to her wedding, where she will meet her forty-year-old husband for the first time. From this unforgettable new beginning, the young girl - and future matriarch, Big Ammachi—will witness unthinkable changes over the span of her extraordinary life, full of joy and triumph as well as hardship and loss, her faith and love the only constants. Contact: Sally SP, sallyspotts@gmail.com.



TREASURER'S REPORT

June 19, 2024

Financial Summary for May YTD, 2024

| | Actual | Budget |
|----------------------|------------------|------------------|
| Total Income | \$376,677 | \$305,917 |
| Total Expenses | <u>\$345,487</u> | <u>\$359,741</u> |
| Net Operating Income | \$31,190 | (\$53,824) |

Comments

- Results for the five months ending May 31, 2024 are ahead of plan.
- May income was \$14,423 behind plan.
- The Balance Sheet shows Unrestricted Net Assets of \$569,562 as of May 31.

VESTRY MEETING HIGHLIGHTS

June 19, 2024

The Vestry met on Wednesday, June 19, 2024, at 6:30pm In Grace House.

MOTIONS:

The Vestry unanimously approved the May Vestry meeting minutes, the reports and documents submitted by the treasurer, and several submitted rector and commission reports submitted prior to the meeting.

PARISH FINANCES:

Financial Summary for May YTD, 2024

| | Actual | Budget |
|----------------------|------------------|------------------|
| Total Income | \$376,677 | \$305,917 |
| Total Expenses | <u>\$345,487</u> | <u>\$359,741</u> |
| Net Operating Income | \$31,190 | (\$53,824) |

Discussion Items

a) Vital and Thriving

- Vestry retreat will take place on July 27th as we discuss the next stage of the program.

b) Discussion of filling various facility maintenance duties.

c) Interfaith Earth Fest 2025

- o Earth Feast 2025 will be help at Saint Timothy's on May 4, 2025
- o Attendance, approximately 300 people
- o Parking: Our two lots and street
- o Shared cost with all participating churches
- o Great exposure for Saint Timothy's

Parish members are welcome to attend Vestry meetings. The next meeting is on Wednesday August 21st, 2024, at 6:30 in the Conference Room in Grace House.

The minutes of the Vestry meeting will be filed in the Parish Office after they are approved by the Vestry.

Submitted by Kris Manning, Vestry Clerk





Have you checked out the website yet? Go look now!
Click [HERE](#) for information, to volunteer and to RSVP.

CONTACT US

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