# TIDINGS

Lent 2023 Newsletter of St. Timothy's Episcopal Church Danville, CA

We are fully into Lent. I am praying for you to find helpful reflection and spiritual growth. Lent is a time of self-examination, repentance, and renewal. I am also learning that it is a time for taking oneself less seriously. It can be a time to find the freedom be a little silly. We need some more silly in our lives. I had some silly, holy moments lately: making cookies with youth and singing along with Myles during his hymn class. So, pray and fast, and then tell dad jokes, and then dance poorly. In all things, may we deepen our connection with God and recommit ourselves to living a more faithful and purposeful life.

At its core, Lent is about transformation. With God's help, we find purity of heart mind and soul. If you don't know what to pray, pray for help to break free from the distractions and attachments, then you can focus on what truly matters: relationship with God and love for others.

#### Ashes

One of the most prominent symbols of Lent is the ashes that are placed on our foreheads on Ash Wednesday. This year was beautiful. I have prayed these prayers every year, but they felt new to me this year. I reluctantly put ashes on a four year old's head and in doing so was whiplashed back to 2011 when I put ashes on my last born son's head and it took the wind out of me.

#### Fasting

You can fast from food, but also fast from harsh speech, despair, or any other ways you habitually distance yourself from others. Fasting is self-discipline of pattern breaking. With God's help, may you find freedom from behavior that holds you back from becoming your best self.



**Charity** Generosity is another key component of Lenten spirituality. By giving of our time, talents, and resources to those in need, we demonstrate the love and compassion of Christ. By building up others, our own foundation is made stronger. Working with the youth in late February was a service that really grounded me. We made cookies for Trinity Center and played silly games. It was right and good. We are all part of one human family and we are called to care for each other as Jesus cared for us.

The spirituality of Lent is a powerful reminder of our need for transformation and renewal. Through prayer, fasting, charity, silliness and dad jokes we seek to deepen our relationship with God and to become more fully the people God created us to be. As we move through the season, may we all be inspired to draw closer to God and to live out our faith with joy and gratitude. **Todd** 

## LENT INTO HOLY WEEK INTO EASTER



"Turn around" is the phrase that is often used during Lent. Be forgiven, set free of guilt or shame—real or imagined-that keeps us from recognizing all the God moments in our lives. Look up or around, change our perspectives and we might see how the Spirit is moving in us and in others. If we are on a journey, then where are we going? Some might say to the cross and sacrificial living, yes—and more. We know the story of death and we tell the story of resurrection—and then even the gift of the power of the Spirit that sends us into the lives of others. God desires us to enter more deeply into Love, God's own Love that God know in Christ, God's own Love that we experience with one another. It is a path of compassion and joy

During the time of Lent we have a unique opportunity to walk one step at a time in a direction that brings healing. Is there some dark place that stubbornly makes us look

away from the truth that God knows us--about God's own precious child—us? Let God in. Christ goes before us helping us, healing us, empowering us to be more free to love.

Where do we begin? Look inside and then look outward—turn around. You might see the staggering colors of green, or blue or pinks or yellows—or the humbling heights of craggy grays and blacks covered with snow. You might see the light of a neighbor in the darkness that glows a golden yellow, and a glimpse of red and purple through a window. The breath of God is that breath you see before your face in the coolness of the night and the morning. God is here. Jesus calls-come follow me. God Loves. Pastor Susan+

Lord, make me an instrument of your peace, where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy. O God, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love; for it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen

## HAPPENDINGS AROUND CAMPUS









Our 3rd - 12th grade students joined other local Episcopal churches in Walnut Creek for the monthly Pizza Club. We made dessert for Trinity Center's feeding program. We did old school youth group games like Sardines! Don't remember Sardines? Ask a youth!

#### General Overview for Vital and Thriving

There are two main components - Steering and Listening

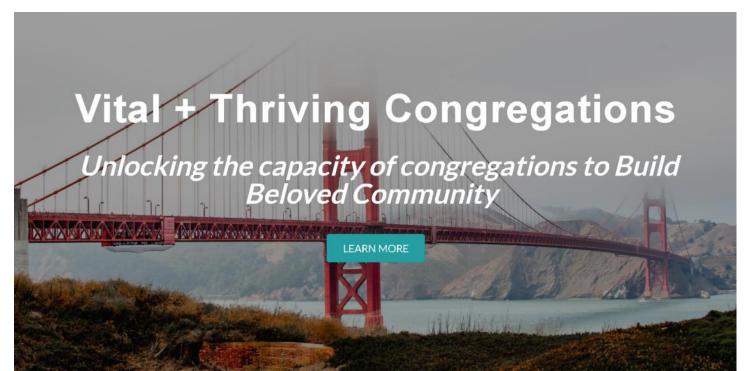
The plan is to give everyone in the church a voice. We want to deepen our love of God, work together to create a loving and welcoming church open to all, and to discern what God wants us to do and what we need in order to move into our future.

**The Steering Team** members are the chief diffusers of innovation and guide the spiritual discernment process. They engage in critical listening and reflecting with the congregation and broader community.

Steering team is driven by 5 people and Linda C. Their main focus this year is to host a "St. Timothy's Journey of Faith" (from the time we were planted and going forward) after Easter where we will share our stories and build on our past for our future. We will have a fun process to share favorite highlights, lowlights and notable milestones of your journey with St Timothy's and your family.

**The Listening Team** plays an important role in the first phase of Vital and Thriving and will be organized by Jim C. The team will conduct "Community Discovery Interviews" and create a "Community Discovery Report" about our parish.

There will be confidential one-on-one interviews conducted by eight listening team members. These interviews will only be seen by a professional group, who will also look at our San Ramon Valley demographics. The two teams (steering and listening) are essential for helping us build a coherent and achievable future. There will be a long period where nothing seems to be happening and then things will start happening quickly!



## LENT MADNESS

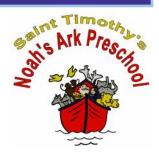
The format is straightforward: 32 saints are placed into a tournament-like single elimination bracket. Each pairing remains open for a set period of time and people vote for their favorite saint. 16 saints make it to the Round of the Saintly Sixteen; eight advance to the Round of the Elate Eight; four make it to the Faithful Four; two to the Championship; and the winner is awarded the coveted Golden Halo. The first round consists of basic biographical information about each of the 32 saints. Things get a bit more interesting in the subsequent rounds as we offer quotes and quirks, explore legends, and even move into the area of saintly kitsch. **If you're not sure about terminology**, <u>check out our glossary</u>. **It's free!** 

We hope you'll participate fully this Lent and vote with reckless abandon!



## NOAH'S ARK PRESCHOOL

Please contact the preschool office to obtain an enrollment form or download from the church website, <u>www.sainttimothysdanville.org</u>, Noah's Ark link. Mail completed form to Noah's Ark Preschool, 1550 Diablo Road, Danville, CA 94526 or email to <u>noahsark@sainttimothysdanville.org</u>. If you would like to do a tour, please call the preschool at 925 362-8565 or send an email.





Noah's Ark is having a Spring Fundraiser with See's Candy. Treat yourself to the yummiest candy on earth, AND support our Noah's Ark Preschool at the same time!

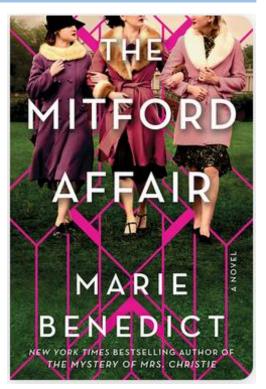
<u>Shop online here</u> to help us reach our fundraising goal. All purchases are online and the goods will be delivered directly to your house.

## BOOK GROUP

Between World Wars I and II, the six Mitford sisters – each beautiful, brilliant and eccentric – dominated the English political, literary and social scenes. As the Nazis rise in power, novelist Nancy Mitford grows suspicious of two of her sisters' constant visits to Germany and the high-ranking fascist company they keep. When she overhears alarming conversations and uncovers disquieting documents, Nancy must make painful choices between the personal and the political as Great Britain goes to war with Germany.

Marie Benedict (aka successful lawyer Heather Terrell) is the well know author of such novels as: *The Only Woman in the Room* (about Hedy LaMarr), *Lady Clementine, The Mystery of Mrs. Christie*, and *The Personal Librarian* (biracial librarian for Andrew Carnegie) brings her investigation and story-telling skills to Nancy Mitford and her sisters who dominated the news and society in England between The Wars.

Join the St. Timothy's Book group on Sunday, March 19 in the Overby Library of Grace House after the Adult Lenten



forum to discuss this book, sisters, families and the pull between patriotism and family loyalty. Bring your lunch. Dessert will be furnished by the group leader for the day.

Questions: Contact Sally P at sallyspotts@gmail.com.

## SOCIAL JUSTICE MINISTRY

On Sunday February 12 after the 10:00 am service, the Social Justice Ministry held the second forum in the Mental Health series. The topic was **Anxiety**. Participants shared and discussed information on what causes anxiety, how to cope with it and how to prevent it. Attendees also participated in a meditation exercise, including reflections on Bible passages, to help deal with anxiety. Below are the scheduled forum topics in the coming months.

| Торіс                                       | Date           |
|---|----------------|
| Discovery Counseling<br>Center - Depression | March 2023     |
| Suicide                                     | April 2023     |
| Hunger                                      | May 2023       |
| Poverty                                     | June 2023      |
| Bullying                                    | August 2023    |
| Crime                                       | September 2023 |



Please come to the Forum on Depression sponsored by the Social Justice Committee at St. Timothy's on Sunday, March 19th, at 11:15 in the Conference Room at Grace House. Sumita Bhandari, new Executive Director of the Discovery Counseling Center, Rachel Kincaid, Clinical Supervisor of the DCC, and Kathy Chiverton, retired Executive Director of DCC, will be there to give a presentation and then answer questions about depression. These are the topics that will be covered: What is depression? What are the signs and symptoms of depression? What treatment is needed for depression? What does the Discovery Counseling Center do to help people who are diagnosed with depression? Don't miss this great opportunity to learn more about this growing problem in Mental Health.

### INTERFAITH EARTH DAY FESTIVAL



## BISHOP'S RANCH SUMMER CAMPS



#### Camp Staff Training: June 18-23

Email camps@bishopsranch.org if you are interested in summer staffing opportunities.

#### **BREAD Explorers: June 25-30**

Explorers are campers entering grades 10, 11, 12 and just graduated

**BREAD Camp** is a great place to discover community, spirituality and learn more about yourself. Campers spend mornings exploring spirituality through activities, conversation, and small

group discussions. Afternoons are filled with lots of fun including swimming, arts and crafts, hiking and other elective activities. Evenings are filled with fun games, campfires, compline and a few surprises! Lots of music fills each day.

#### Intergenerational Camp: July 2-7

All are welcome to this new (yet familiar) camp for families of all shapes and sizes. We will gather for a week of games, social activities, crafts, worship, and more.

#### READ Camp: July 10-14

A day camp for local elementary school students incorporating reading skills and fun camp activities including swimming, games, and crafts. (For campers entering grades 4-6)

#### **TOAST: July 14-16**

A weekend camp for young adults (21+) who attended BREAD camp.

#### BREAD Adventurers: July 16-21 or July 23-28

For campers entering grades 7 - 9

**REGISTER HERE!** 

#### BREAD Discoverers: July 16-21 or July 23-28

For campers entering grades 4 - 6



## ST. DOROTHY'S REST SUMMER CAMPS

#### <u>Ankle Biters Camp: June 23-25</u>

(Ages 5-7) Enjoy the camp experience with your younger camper. Together, you will enjoy the beauty and peace of "getting away". This weekend will include hiking, arts & crafts, chapel, swimming, and campfires. Built into the weekend are times to participate in activities with your camper, as well as some much-needed parent quiet times for rest and reflection.

#### Russian River Adventures: June 25-30 | July 9-14 | July 16-21

(Ages 8-12) Fill your week with canoeing on the Russian River, arts & crafts, theater, archery, swimming, hiking and fun-filled chapel times. The week culminates with the Woods-to-Waves 10.5-mile hike to the Pacific Ocean!

#### <u> Teen Adventure Week: July 2-7</u>

(Ages 13-15) Adventure Week is truly a unique camp experience that focuses on developing leadership skills, spirituality, worship and community. Campers participate in service projects as well as overnight camping trips. We take camp outside our walls to serve the surrounding community in outreach work. Outreach activities have included working at local soup kitchens, providing meals to the homeless and hungry in the area, and helping local churches with various projects. Back packing trips have included overnighting on the Sonoma Coast, Point Reyes, and Angel Island.

#### Counselor-In-Training Program: July 9-14 (during Russian Rivers II)

with optional layover & return July 15-21

(Ages 15-18) Ever wonder what it is like to be a camp counselor at St. Dorothy's? The Counselor-In-Training (CIT) program provides participants with the opportunity to learn about the day-to-day running of camp, leadership styles, working with youth and peers. At the completion of the CIT program, participants may apply to return as a CIT for Russian River Adventures III. \$1,000

#### Camp Wise: August 2-5

Camp Wise is a 4-day summer camp program for seniors age 60 or older! Come enjoy all the fun of summer camp—hikes, swimming, canoeing, arts & crafts, a camp dance and more!







Registration is now OPEN for all **2023 Camp Sessions!** visit **www.stdorothysrest.org/camp** for details & registration

## DIABLO ROAD CULVERT REPLACEMENT





The Town of Danville will replace a drainage culvert on Diablo Road, which will be closed to through traffic from Alameda Diablo to Avenida Nueva beginning March 23. The project is necessary to maintain safe travel on Diablo Road and integrity of the Town drainage system. The expected project duration of March 23 to April 13 aligns with nearby school break schedules. Additional details, including **detour routes**, **project updates**, and **local resident access** will be available at www.DanvilleTownTalks.org/DiabloCulvert.





#### www.DanvilleTownTalks.org/DiabloCulvert

## ANNUAL MEETING HIGHLIGHTS 2023

The Annual Meeting of the members of St. Timothy's Episcopal Church was held in the church on Sunday, February 5, 2023 after the 10:00 service. The meeting was broadcast via our live-stream feed. The following are highlights from that meeting.

• The church members in attendance elected the following members to join the vestry in 2023

Taiwo OTeresa RCathy WCharlie WThe following members of vestry will continue in 2023:Ade AKaren AGabel C-HLiz K

Kris M Cecilia O The following people were elected as Deanery and Diocese Convention Delegates.

| Jim C  | Mary Louise G |
|--------|---------------|
| John H | Alan H        |
| Liz K  | Cecilia O     |
| Mike O | Lisa P        |
|        |               |

- The Treasurer, Dick F discussed the church budget for 2022 and the budget for 2023.
  - **2022** started out with a projected deficit of \$120,000+. The budget ended with a surplus of \$84,000+. The vestry voted to allocate the surplus to the pledge reserve.
  - 2023 The vestry approved budget for 2023 appears in the 2022 Annual Report. It anticipates income of \$720,000 and expenses are \$796,700. We currently anticipate a deficit of \$76,000.
- **Rector's Report** Pastor Todd made his report for 2022. He thanked Bette D for the generous gift in her will. He thanked Cathy M for her dedication and Leadership of the Altar Guild and their service at Christmas and during the year.
- **Senior Warden**, Charlie W thanked Pastors Todd and Susan for their service and leadership during 2022. He thanked Music Director, Myles E, Nancy R and the choirs for their music. He thanked Bev M, Neal M, Jacque C and others for their care of the grounds and buildings. He thanked Kimberly B for taking over the parish office operations. He thanked our bookkeeper, Steve Z.
- **Outgoing Vestry and Clerk.** Pastor Todd and Charlie W thanked the outgoing vestry members and the clerk for their service

Jacque C - WorshipRayne D - Children and YouthScott M - Junior Warden & PropertySally P - Clerk

• Wardens & Clerk – 2023 Charlie W has agreed to serve as Senior Warden in 2023. Karen A has agreed to serve as Junior Warden. Kris M has agreed to be clerk.

The 2023 Annual Meeting Minutes will be available in the Parish Office after they are approved by the Vestry at their March meeting.

Sally P, Annual Meeting Secretary, 2023

## CONTACT US

**The Rev. Todd Bryant** - Rector (925) 837-4993 x114 Rector@SaintTimothysDanville.org

The Rev. Susan Geissler-O'Neil -

Associate Rector (925) 837-4993 x113 Sgeissleroneil@SaintTimothysDanville.org

**Myles Ellis** - Director of Music (925) 837-4993 x115 MusicDir@SaintTimothysDanville.org

**Shipra Rastogi -**Noah's Ark Preschool Director (925) 362-8565 NoahsArk@SaintTimothysDanville.org **Bev Matsunaga** - Facilities (Volunteer) (925) 837-4993 x111 Facilities@SaintTimothysDanville.org

**Steve Zimmerman** - Bookkeeper (925) 837-4993 x116 Bookkeeper@StTimothysDanville.org

**Dick Firth** - Treasurer (Volunteer) (925) 837-4993 x117 Treasurer@StTimothysDanville.org

**Kimberly Bryant** - Parish Administrator (925) 837-4993 x110 Parish@StTimothysDanville.org

**Carleen Carns** - Pledge Secretary (Volunteer) Pledges@StTimothysDanville.org